



Optic One Eye Care Centers of Spokane

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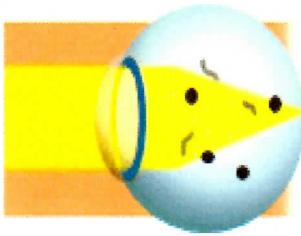
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What are Flashes and Floaters?

Spots (often called floaters) are small, semi-transparent or cloudy specks or particles within the vitreous, the clear, jelly-like fluid that fills the inside of your eyes. They appear as specks of various shapes and sizes, threadlike strands or cobwebs. Since they are within your eyes, they move as your eyes move and seem to dart away when you try to look at them directly.



Spots
and
Floaters

Spots are often caused by small flecks of protein or other matter trapped during the formation of your eyes before birth. They can also result from deterioration of the vitreous fluid, due to aging; or from certain eye diseases or injuries.

Most spots are not harmful and rarely limit vision. But, spots can be indications of more serious problems, and you should see your Optometric Physician for a comprehensive examination when you notice sudden changes or see increases in them.

By looking in your eyes and utilizing special instruments, your Optometric Physician can examine the health of your eyes and determine if what you are seeing is harmless or the symptoms of a more serious problem that requires treatment.

Please read all package inserts for both prescription and non-prescription medications and consult with your doctor and/or pharmacist with any questions or concerns regarding their use and/or interaction with other medications you may be taking.

We appreciate the opportunity to serve you. If you have any questions regarding this handout please contact our office at the phone numbers listed above or email your inquiry to askus@opticone.com