

The following listed medications and supplements are making headlines. Our doctors are well versed in the use of these products and look forward to discussing them with you. Visit this page frequently to check for newly listed information.

**Restasis** (Ophthalmic cyclosporine) is used to increase tear production in people with dry eye disease.

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**Latisse** is a prescription treatment for hypotrichosis used to grow eyelashes, making them longer, thicker and darker.

Eyelash hypotrichosis is another name for having inadequate or not enough eyelashes.

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**Flaxseed oil** and fish oil contain important dietary omega-3 fatty acids that have multiple health benefits, including prevention or control of dry eyes.

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The **Age-Related Eye Disease Study (AREDS)** has found that taking high levels of antioxidants and zinc can reduce the risk of developing advanced age-related macular degeneration (AMD) by about 25 percent.

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